

# TURNING A PATIENT IN BED

Always ensure you are following your manual handling protocols. These are suggestions for use only.



## STEP 1: Place the Tubular slide sheet under the patient

- Assess the patient's requirements based on your manual handling protocols.
- Determine the tubular slide sheet size required based on the repositioning task at hand.
- Using an approved manual handling technique, place the Tubular slide sheet under the patient, and start to unroll (see Figure 1).



## STEP 2: Unroll Tubular slide sheet fully

- Unroll the slide sheet fully towards the bottom of the bed (see Figure 2).



## STEP 3: Turn the patient

- To turn the patient either towards or away from you take the bottom or top of the sliding sheet and gently pull, the patient will roll in the direction required (see Figure 3).



## STEP 4 Remove the slide sheet

- Once complete, remove the slide sheet from the corner by pulling it in through the tube, working the sheet until withdrawn (see Figure 4).
- Place the Tubular Slide sheet in the Patient Specific bag so that it's ready for its next use.